

## MONTHLY FUN SKILL CHALLENGE 2020

**Team:** Underage  
**Month:** March/April  
**Skill:** Keepie Uppie



**CORA CHAICLIN GAA**

**Skill Description:**

Hop / Bounce ball on hurley and count score until it hits the ground. 1 bonus point every time you turn the hurley. 2 bonus points for elaborate flick up (e.g. behind your back, under leg, handle of hurley etc.) but you must control the ball after this. Stop counting once the ball hits the ground.

Week	<u>Mon</u>	<u>Tues</u>	<u>Wed</u>	<u>Thurs</u>	<u>Fri</u>	<u>Sat</u>	<u>Sun</u>
1							
2							
3							
4							
5							
6							

**Rules:**

- (i) Enter your best score each day in the relevant box above. - Dont worry about doing every day - As much or little as you wish
- (ii) Enter child and parent name below and bring to training at the end of each month.
- (iii) Each player will demonstrate skill at training at the end of each month.

***Ensure Child Enjoying this - Defeats Purpose if not having FUN!!  
Don't Force it!!***

**Signed:**

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Player

\_\_\_\_\_

Parent